

What I have been up to!

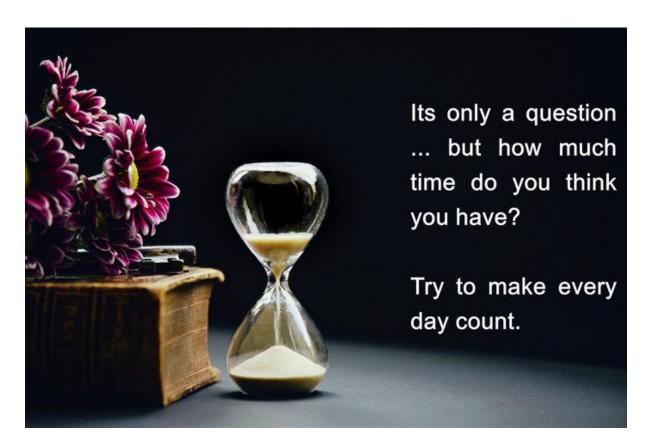
Happy New Year to all! I sincerely hope you had a 'one-derful' Christmas and managed to finally meet up with some family and friends during the Covid-19 amnesty. It was such a shame for the rules to have been changed at such short notice - from 5 days down to just the special day itself. We have to be grateful indeed even for that - especially how people in tier 4 or the lorry drivers stuck down in Kent didn't even get home to their loved ones.

I have to raise my hand and say I was guilty of eating too many choc's! Mmm ... so a more conscious and less compulsive approach to the sweets is now on the cards! Many people see the turn of the year as signifying a time for change, and perhaps you do too? Have you made any resolutions? If so, are they for the physical, mental, emotional or the spiritual you?

On the book front, one of the many tasks that whittled away the hours during the short break was revamping my first book from 1998 ... PATHWAY: The Channelled Love and Wisdom from the Trans-Leátions of the Two Sisters Star. The great news is that it's <u>finally</u> perma-free ... and it became #1 bestseller in 2 of its 3 (free e-book) categories on Amazon.com, yeeha!

I would be very grateful if you could download it, please ... on <u>Amazon.com</u>, <u>Amazon.co.uk</u> or any of your favourite retailers <u>here</u> to help me keep it there for as long as possible! (**Thanks in advance!**)

NB. I am going to be tweaking other books in the coming months, and also want to concentrate on some new content for you ... so for the time being I am going to switch the newsletter from **monthly to quarterly**. Don't worry, you will still get the weekly 'Sunday' blog posts and the shorter Wednesday Wisdom too.



From my speaking heart...

Time for a change?

"Across the world, statements like, "Where has the time gone", "I can't believe it's New Year" remind you that 'time' waits for no one. This is the link to make you think. Therefore, please appreciate your past, present, and future are all entwined as chains of energy and vibration, which carry your heart and Soul through Karma, experience, and life.

You can do much more than live in the moment, and this is to love the moment itself. By loving what you do and speak, your being positively shines like a beacon

for others to bear witness far beyond the body. This is because the light of the heart, through action, thought, and word resonates upon many levels.

So, as the days, weeks, months, and years go by ... seemingly faster as you age ... do you continue as you are (some may say aimlessly), or do you actively pursue the goal in sight? Will you let your future drift by and fade like a New Year's resolution, or can you identify the power of change within you?

Indeed, everyone has a choice; and you only need to decide what to do with the time (and the life), you have chosen, and been given. Of course, the clock can never be turned back, but each moment in truth shines eternal, and can bring you closer to the person and Soul inside which you long to be. Amen."

Remember ... as I have said before, there is no need for a special date to pass (such as New Year's Eve and day), for resolutions to be made, as these often slip away, falling by the wayside unless immediate 'results' are gained. This is why days, dates, and timing are irrelevant in the grand scheme of things, so start to be the true you.

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PS. If you have any burning questions on your own spiritual development or are concerned about any aspect of your Earth-plane journey, let me know.

PPS: Please could you share this newsletter on any of your social media feeds below ... it just might help another person when they need it most - thank you in advance! (Dave - AFY)







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